



### LEGEND

- EASY TRAIL
- MODERATE TRAIL
- DIFFICULT TRAIL
- CLIMBING TRAIL
- BILL KLINGNER TRAIL
- 1 EMERGENCY LOCATION MARKER
- TH TRAIL HEAD
- RAILROAD TRACKS

### IS THIS FOR YOU?

Find the right cross-country trail track grade for your abilities.

Grade:	Suitable for:	Trail:
	Beginners in good health with basic bike skills. Most types of bikes.	Relatively flat & wide.
	Riders in good health with basic off-road riding skills & fitness. Basic mountain bikes.	Some "single-track" sections & small obstacles of roots, rocks & bridges.
	Expert mountain bikers with high level of skills & fitness. Good off-road riding & technical experience. Quality off-road mountain bikes. Hard tail and full suspension mountain bikes.	Greater challenge & difficulty. Expect large & unavoidable features. Challenging climbs, trick descents & technical features such as drop-offs and large rocks.

Mountain biking is a potentially hazardous activity carrying a significant risk.

### Trail Rules

Mountain biking, hiking and running trails involves risk of serious injury or death. Your knowledge, decisions and actions contribute to your safety and that of others.

- Announce yourself when passing others on the trail.
- Never ride or run when trails are wet.
- Yield to others passing by. Share the trail.
- No littering.
- No motorized vehicles.
- Report trail misconduct.

**ALWAYS:**

1. **STAY IN CONTROL.** You're responsible for avoiding objects and people.
2. **KNOW YOUR LIMITS.** Ride within your ability. Start small and work your way up.
3. **PROTECT YOURSELF.** Use an appropriate bike, helmet and protective equipment.
4. **INSPECT AND MAINTAIN YOUR EQUIPMENT.** Know your components and their operation prior to riding.
5. **INSPECT THE TRAILS AND FEATURES.** Conditions change constantly, plan and adjust your riding accordingly.
6. **OBEY SIGNS AND WARNINGS.** Stay on marked trails only. Keep off closed trails and features. Ride in the direction indicated.
7. **BE VISIBLE.** Do not stop where you obstruct a trail, feature, landing or are not visible.
8. **LOOK AND YIELD TO OTHERS.** Look both ways and yield when entering or crossing a road or trail. When overtaking, use caution and yield to those ahead.
9. **COOPERATE.** If involved in or are witness to an incident, identify yourself to the staff.

**Know and follow these rules. It is your responsibility.**