

**QUINCY PARK DISTRICT
Park League**

Age 7 & 8

- Will play 3 outs or score 5 runs per inning.
- Games will have a 1 hour and 5-minute time limit, and will not exceed 6 innings, unless tied after 6 and not having met the hour and 5-minute limit.
- No lead offs and no stealing.
- Play 10 in the field.
- Each batter will receive up to 5 quality pitches, they can strike out.
- No on deck batter allowed anywhere (on or off the field). The leadoff batter in each half-inning will be permitted to warm up outside the dugout, on the field between half innings.
- Batting order will include all players in your line up (bat everybody).
- On defense each player must play at least 3 consecutive outs. We expect each player to play more than that. This is the minimum required. Free substitution on defense.
- **NO SUNFLOWER SEEDS ARE ALLOWED IN THE DUGOUTS OR ON THE FIELD AT PEPSI, AVENUE OF LIGHTS, OR BLESSING HEALTH SYSTEM FIELDS.**
- **NO METAL SPIKES ARE ALLOWED.**
- **Refer to the USA Bat Standards.**
- **Teams must wear Park District Assigned shirts.**
- Catcher must have a throat guard attached to his mask and wear a protective cup.
- There is not a “must slide” rule. However, runners are required to avoid contact with the defensive player. Any attempt to cause a collision will result in the runner being out and possible ejection from the game.
- Umpires will have full authority during all games. While you may not agree with every call they make, unless you would like to work some games behind the plate, please show them the respect that they deserve. Remember, this is still a kid’s game and as a coach your responsibility in this league is to teach your players character, respect, and sportsmanship. All issues should be brought to the attention of the Quincy Park District staff.
- One base on an over throw that lands in foul territory. If a fielder fields the ball and throws to the umpire, the ball is dead and no advancement by the runners at that point.