

**QUINCY PARK DISTRICT**  
**Park League Rules**

**Stealing/Lead Offs**

9 & 10 – No lead off until ball reaches batter. They can advance after that. No stealing of home plate

11 & 12 – Stealing & leadoffs are allowed. Home plate is open to stealing.

**Dropped Third Strike**

9 & 10 – Batter is out on dropped third strike.

11 & 12– Batter can advance on dropped third strike if less than two outs and first base is not occupied.

**Bat Size**

Refer to the USA Bat Standards.

**Distance**

9-10 46 feet mound & 60 Feet Bases

11-12 48 feet mound & 70 Feet Bases

**All Leagues**

- **NO SUNFLOWER SEEDS ARE ALLOWED IN THE DUGOUTS OR ON THE FIELD AT PEPSI FIELD, AVENUE OF LIGHTS FIELD AT WAVERING PARK, OR BLESSING HEALTH SYSTEM FIELD.**
- **NO METAL SPIKES ARE ALLOWED.**
- Games will have a 90 minute time limit, and will not exceed 6 innings, unless tied after 6 and not having met the 90 minute limit. Do not start a new inning after 1 hour 20 minutes. In all divisions, the mercy rule will be in effect, 10 runs after 3 ½ or 4 innings, or 15 runs after 2 ½ or 3 innings.
- Pitchers are on a pitch count. The pitch limits and required rest time is discussed in your rule book. Please know these rules and limits. Each team is responsible for keeping the pitch count of their pitchers.
- No on deck batter allowed anywhere (on or off the field) in 9-12. The leadoff batter in each half-inning will be permitted to warm up outside the dugout, on the field between half innings.
- Catcher must have a throat guard attached to his mask and wear a protective cup

- Batting order will include all players in your line up (bat everybody).
- Please fill out a lineup card before the game. Include full name, number and who is starting pitcher. Turn in to scorekeeper.
- Report pitching changes to umpire and scorekeeper.
- Please sign pitching record book after game by the scorekeeper to verify pitches.
- On defense each player must play at least 3 consecutive outs. We expect each player to play more than that. This is the minimum required. Free substitution on defense.
- There is not a “must slide” rule. However, runners are required to avoid contact with the defensive player. Any attempt to cause a collision will result in the runner being out and possible ejection from the game.
- Umpires will have full authority during all games. While you may not agree with every call they make, unless you would like to work some games behind the plate, please show them the respect that they deserve. Remember, this is still a kid’s game and as a coach your responsibility in this league is to teach your players character, respect, and sportsmanship. Any disputes that might come up during a game should be handled in a calm and respectful manner. Don’t forget that there are kids learning from your example. All issues should be directed to the Quincy Park District staff.

## Regular Season Pitching Rules – Baseball

- (a) Any players on a regular season team may pitch. (**NOTE:** There is no limit to the number of pitchers a team may use in a game.)
- (b) A pitcher once removed from the mound cannot return as a pitcher.
- (c) The manager must remove the pitcher when said pitcher reaches the limit for his/her age group as noted below, but the pitcher may remain in the game at another position:  
**League Age:**  
**11-12** – 85 pitches per day  
**9-10** – 75 pitches per day

**Exception:** If a pitcher reaches the limit imposed in Regulation VI (c) for his/her league age while facing a batter, the pitcher may continue to pitch until any of the following conditions occur: 1. that batter reaches base; 2. That batter is put out; 3. The third out is made to complete the half-inning. **Note 1: A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day. Note 2: Any player who has played the position of catcher in four or more innings in a game is not eligible to pitch on that calendar day.**

- (d) Pitchers league age 12 and under must adhere to the following rest requirements:
- If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
  - If a player pitches 51-65 pitches in a day, three (3) calendar days of rest must be observed.
  - If a player pitches 36-50 pitches in a day, two (2) calendar days of rest must be observed.
  - If a player pitches 21-35 pitches in a day, one (1) calendar days of rest must be observed.
  - If a player pitches 1-20 pitches in a day, no (0) calendar day of rest is required.

### 11 and 12-year-old league is under dropped third strike rules

**Games are 1.5 hours in length. It is the umpire's decision to call the game due to time constraints. Please respect their decision.**

- Time
  - Stop watches for time limit
  - 90 minute limit on game or 6 innings (age 7-12 only)
  - Do not start a new inning after 1 hour 20 minutes
  - Must finish inning, do not stop game in middle of inning

- 5 run rule per inning maximum
  - Ages (7-10)
  - 10 run rule applies for all games (all ages)
  - 5 run rule does not apply to home team last at bat (7-10)
  
- House Keeping
  - \*NO SEEDS AT PEPSI FIELD, AVENUE OF LIGHTS FIELD AT WAVERING PARK, OR BLESSING HEALTH SYSTEM FIELD (not even in the dugout)\*
  - Kids must stay in the dugout (safety issue)
  - Umpires have kids hustle on and off the field (goal to get as much playing time in as possible)
  - Scorekeepers have pitch log signed
  
- Pitching
  - Kid must have mask and a neck guard on to warm up a pitcher
  - Age 9-12 pitcher cannot return once removed from position
  - If catcher catches for 4+ innings, they cannot pitch

**QUINCY PARK DISTRICT  
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**Age 7 & 8**

- Will play 3 outs or score 5 runs per inning.
- Games will have a 90 minute time limit, and will not exceed 6 innings, unless tied after 6 and not having met the 90 minute limit.
- No lead offs and no stealing.
- Play 10 in the field.
- Each batter will receive 5 quality pitches, they can strike out.
- No on deck batter allowed anywhere (on or off the field). The leadoff batter in each half-inning will be permitted to warm up outside the dugout, on the field between half innings.
- Batting order will include all players in your line up (bat everybody).
- On defense each player must play at least 3 consecutive outs. We expect each player to play more than that. This is the minimum required. Free substitution on defense.
- **NO SUNFLOWER SEED ARE ALLOWED IN THE DUGOUTS OR ON THE FIELD AT PEPSI FIELD, AVENUE OF LIGHTS/WAVERING FIELD, OR BLESSING HEALTH SYSTEM FIELD.**
- **NO METAL SPIKES ARE ALLOWED.**
- **Refer to the USA Bat Standards.**
- Catcher must have a throat guard attached to his mask and wear a protective cup.
- There is not a “must slide” rule. However, runners are required to avoid contact with the defensive player. Any attempt to cause a collision will result in the runner being out and possible ejection from the game.
- Umpires will have full authority during all games. While you may not agree with every call they make, unless you would like to work some games behind the plate, please show them the respect that they deserve. Remember, this is still a kid’s game and as a coach your responsibility in this league is to teach your players character, respect, and sportsmanship. Any disputes that might come up during a game should be handled in a calm and respectful manner. Don’t forget that there are kids learning from your example. All issues should be brought to the attention of the Quincy Park District staff.

- One base on an over throw at a base. If a fielder fields the ball they either throw to a base or back to the pitcher and the play is dead, no advancement by the runners at that point.